

EXAMPLE SPACE CLEARING

Below you will find an example of a Space Clearing that Anna did for herself while house-sitting.

Note that this was a typical clearing for Anna to do in a rural area of New Zealand, where there is not a long history of human habitation. However, it is quite common to find emotional residues, negative thought forms and earthbound spirits in our spaces. Clearings in other locations such as cities and places with an ancient history of being inhabited by humans (e.g. European cities) may present with more negative energies to be cleared.

Also note that Anna has included more information that she channelled (for example, why earthbound spirits are in the space). This is simply out of interest, and not something you absolutely need to do in order to do an effective clearing. However, if you sense something in this vein while you are doing your research, do write it down in case it has some significance.

★ **House-sit at Waipu (house with land attached)**

★ **Current occupant: Anna**

Attaching earthbound spirits: 3

#1: Adult female - dead for a long time. Been here at the property for 4 years. Resonates with the energy of '**limitation**'.

#2: Male child - dead for a few decades. Been here for 2 years, likes the female owner. Resonates with the energy of '**stuckness**'.

#3: Adult female - been here 18 months. Says she is here to protect the place. Maori lady. Is connected to the little boy. She has been dead for years and says she is waiting for someone. Resonates with the energy of '**alienation**'.



EMOTIONAL RESIDUES:

- ★ **Limitation** - feeling restricted by challenging circumstances
- ★ **Passive aggression** - left behind by someone who was not able to air conflict openly
- ★ **Wariness/paranoia** - someone who lived here or has been here, has felt suspicious of a neighbour's intentions

NEGATIVE THOUGHT FORMS:

- ★ **Impatience** - created about the property - "this house is taking too long to build" - thought by the owner when the house was built. "It'll never get finished"
- ★ **Withholding** - created about the property and someone in it - by a family member or friend who was not invited to something they felt they should have been

No unwanted influencing energy, wolf packs, residual hauntings, portalways, and land is not assigned as anything other than a home.

According to my findings, this was once Maori land, so I welcomed the ancestral spirits in and asked them to protect the place.

Protective blessing done.

